

**SPORTS, HEALTH & WELLBEING**

**ACTIVITY DETAILS**

Adapted cricket



**Tudor Grange Leisure**

**Centre, Solihull,**

**B91 1NB**

**COST**

£3 per person for one hour session

**TIMES**

 1-2pm every Tuesday.

**DELIVERED BY**

 HBS run the activity, community clients attending should be able to play independently or assisted by someone accompanying them.

**DETAILS OF ACTIVITY**

* Inform Sports team if you are interested in attending
* Wear appropriate footwear
* Bring drinks or money to purchase drinks at the café.

**KNOWN RISKS**

 There is always a risk of trips and falls and a risk of being hit by a ball.

**DIRECTIONS TO VENUE** (if difficult to find)

The session takes place in a Sports Hall at Tudor Grange. Meet HBS staff in the reception of Tudor Grange and they will show you to the sports hall.